



Durango Early Learning Center

# THE DELC DIGEST

## JULY 2025

### IMPORTANT DATES

- 7/30 School Family Time 10:00
- 8/7 Preschool Graduation & Picnic 5:30
- 8/8 Last Day of 2024.2025 School Year!
- 8/11 - 8/15 NO SCHOOL TEACHER WORK WEEK



- 7/4 Evie
- 7/7 Teag
- 7/8 Ms. Dolly
- 7/12 Ms. Kamie
- 7/13 Aiylah
- 7/22 Aedan S
- 7/30 Ms. K'Leigh



Rainbow Day!





SAVE THE DATE!



PRESCHOOL  
GRADUATION

&

END OF THE SCHOOL YEAR  
PICNIC!

THURSDAY, AUGUST 7TH  
5:30PM ON THE DELC GRASS

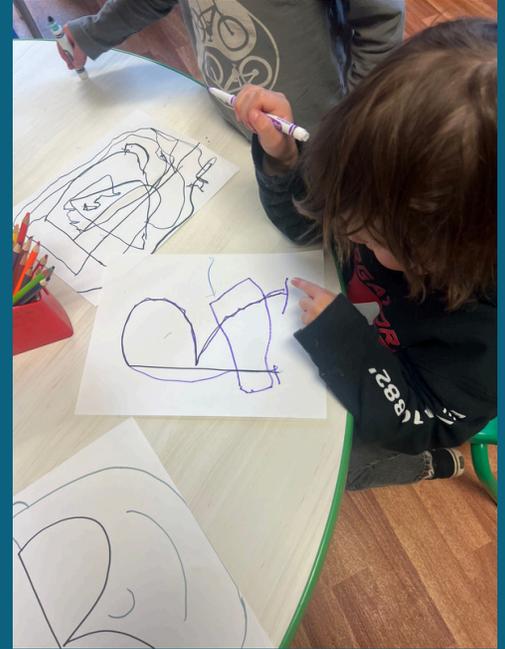
REMINDER: LAST DAY OF THE 2024.2025 SCHOOL YEAR IS FRIDAY, AUGUST 8<sup>th</sup>. DELC IS CLOSED FOR TEACHER WORK WEEK AUGUST 11 - 15<sup>th</sup>. THE FIRST DAY OF THE 2025.2026 SCHOOL YEAR IS MONDAY, AUGUST 18<sup>th</sup>!

FYI: Becca is sending out emails with 2526 Enrollment Paperwork this month!

# June Clubs:

## Letter Transformation

The children each received a piece of paper with the first letter of their name on it. Their job was to turn that letter into a picture of something else!



### Physical Development and Health:

3.4 Manipulate writing, drawing, and art tools.

### Social and Emotional Development:

5.5 Demonstrate flexibility in thinking and behavior.\*

### Literacy Knowledge and Skills

1.2 Identify letters of the alphabet and produce correct sounds associated with letters.\*

1.6 Recognize that the letters of the alphabet are a special category of visual graphics that can be individually named.\*

4.3 Use scribbles, shapes, pictures, and letters to represent objects, stories, experiences, or ideas.\*

### Approaches to Learning

2.2 Approach tasks, activities, and play in ways that show creative problem solving.

2.5 Use imagination with materials to create stories or works of art.

### Creative Arts and Expression

2.3 Discuss one's own artistic creations and those of others.

# Conscious Discipline Corner

# "OOPS"



## *It's Okay to "Oops"*

Despite our best efforts, we (and our children) are going to lose it, step on each other's toes, yell, hide out, and do other things that don't feel like our best selves. **"Oops"** is a silly-sounding way to apply a little **grace** to the situation.



Conscious Discipline® 1/6

At the Conscious Discipline Institute, we say, "Oops, you're still **beautiful**," to remind each other that our mistakes and missteps don't define who we are; they're part of learning and life. We are beautiful inside, **regardless!**



Conscious Discipline® 2/6

Let mistakes and missteps be **oops** you can let go of, learn from or bounce back from. Not every crayon mark or sassy remark requires a response. Not every idea in your head requires a town hall meeting. Not every new strategy you try will be a good fit for your family or classroom. Try these healthy responses to **mistakes**:



Conscious Discipline® 3/6

- Oops, I didn't respond the way I wanted to. I'm going to **try again**.
- Oops, that didn't happen in the most helpful way. Let's roll it back and try it again.
- Oops, that didn't work. I'll try something else.
- Oops, **I'm still beautiful**.
- Oops, you're still beautiful.



Conscious Discipline® 4/6

Without oops, it's easy to slip into a **negativity spiral** that increases stress on ourselves and our relationships and hinders our ability to be Safekeepers. Oops, on the other hand, creates an **uplifting spiral**:



Conscious Discipline® 5/6

It's a whole lot easier to regulate our emotions when we're willing to see our missteps as **oops** rather than beating ourselves up. It's also a whole lot easier to stay regulated when we're willing to see another person's actions as an **oops** rather than a personal affront.



Conscious Discipline® 6/6



Sun and  
Orange  
Rooms  
adventure  
to the  
park!

Durango Early Learning Center Land Acknowledgement

Welcome to the Durango Early Learning Center. We respectfully acknowledge that the school is located in Durango, Colorado, the ancestral and unceded territory of the Ute (Núu-agma-tǣvǣ-pǣ), Diné (Navajo: Naabeehó Bináhásdzo), Hopi (Hopituh Shinu-mu) Pueblos, Apache and Zuni (Shiwi'ma) People who have been stewards of this land throughout generations. As early childhood care providers and educators of our future generation, it is our responsibility to acknowledge the impacts of the unkind acts that have led to the unfair and inappropriate treatment of people that traditionally lived here and still live here today. We lead by example and share stories of this land that are respectful to the people and the real history of this region. As we teach our children, we strive to nurture a culture that takes responsibility for our actions, and is curious, honest, and inclusive to the diverse backgrounds in our community. #HonorNativeLand