



Durango Early Learning Center

THE DELC DIGEST

MARCH 2025

IMPORTANT DATES

- 3/5 12:30PM - 3/7 NO SCHOOL - All Staff attending RMEC
- 3/11 Board Meeting 5:45PM
- 3/14 PJ Day & School Family Time!
- 3/17 - 3/20 NO SCHOOL SPRING BREAK
- 4/7 - 4/11 Week of the Young Child

Happy Birthday!

- 3/4 Stuart
- 3/9 Milan
- 3/9 Ravi
- 3/9 Jay
- 3/10 Birdie
- 3/20 Penelope K
- 3/23 Kolt
- 3/26 Ms. Salama



Durango Kids Pediatric Dentistry

We learned all about how to take care of our teeth from Dr. Edy and her dental assistants! The Tooth Fairy even came to visit and read us a story about sugar bugs and how to keep our teeth healthy!

IT'S HERE!!!

All DELC staff are headed to Denver for RMEC!



DELC will be open
Weds 3/5 from 7:45am - 12:30PM
and will be closed
Thurs 3/6 and Fri 3/7

2025.2026 Registration is DUE MARCH 14th.



Once you complete the google form, you will be invoiced in brightwheel for the annual \$125 registration fee. Any available spots after this date will go to our lottery!

Afternoon Clubs: Shapes & Colors

Mathematics Knowledge and Skills

1.2 Instantly recognize, without counting, small quantities of up to five objects and say or sign the number.

1.5 Accurately count as many as five objects in a scattered configuration or out of a collection of more than five objects.*

4.1 Name and describe shapes in terms of length of sides, number of sides, and number of angles/ corners.*

4.2 Correctly name basic shapes (circle, square, rectangle, triangle) regardless of size and orientation.*

4.3 Analyze, compare, and sort two- and three-dimensional shapes and objects in different sizes. Describe their similarities, differences, and other attributes, such as size and shape.*



Physical Development and Health

3.1 Develop hand strength and dexterity.

3.3 Manipulate a range of objects, such as blocks or books.



PRESCHOOL DANCE CLASS

MARCH SESSION

4 weeks cost \$80

**Do you have a preschooler who loves to move?
Bring them to dance class!**

This dance class is a low-commitment recreational dance class for littles to explore what a dance class is all about. Ages 3-5 years old.

Saturdays 11:00 am
Downstairs studio RM #15 at the Smiley bldg.

THIS CLASS WILL NOT MEET 3/22 THE WEEK OF SPRING BREAK

TO REGISTER OR TO LEARN MORE
970-844-4859
OR VISIT MOVESWITHAMANDA.COM

Conscious Discipline Corner

As parents, we want to support our little ones during tough times. However, adults can't help children navigate upset and reach a calm state unless we are composed ourselves. This is a three-step process for calming yourself and providing the safety your children need.

With these tips, you'll be a more present and effective guide through these unique times.



★ ABC's for parents of little ones...



AWARENESS

Be aware of your own inner state. Is your heart rate elevated? Are you feeling tense/frustrated, etc.? Children can FEEL our upset, so the next step is BREATHE DEEPLY and bring yourself back to the present moment.



BREATHE

Take deep belly breaths. Inhale through your nose for at least 5 seconds, and exhale through your mouth for at least 10 seconds. Do this at least 3 times.



CLOSENESS

They want to be close to you because you are their Safe Place™. Co-regulation and connection/bonding happen when they are close to you. Take deep breaths with them in moments of closeness.



We had a wonderful music performance from Hudson, his Papa, and his Mom, Julia!

Durango Early Learning Center Land Acknowledgement

Welcome to the Durango Early Learning Center. We respectfully acknowledge that the school is located in Durango, Colorado, the ancestral and unceded territory of the Ute (Núu-aghathvɛ-ɾɿ), Diné (Navajo: Naabeehó Bináhásdzo), Hopi (Hopituh Shi-nu-mu) Pueblos, Apache and Zuni (Shiwi'ma) People who have been stewards of this land throughout generations. As early childhood care providers and educators of our future generation, it is our responsibility to acknowledge the impacts of the unkind acts that have led to the unfair and inappropriate treatment of people that traditionally lived here and still live here today. We lead by example and share stories of this land that are respectful to the people and the real history of this region. As we teach our children, we strive to nurture a culture that takes responsibility for our actions, and is curious, honest, and inclusive to the diverse backgrounds in our community. #HonorNativeLand