



Durango Early Learning Center

THE DELC DIGEST

NOVEMBER 2023

IMPORTANT DATES

- 11/1 Hallo-Clean! 10:00AM
- 11/4 Fall Clean-Up 10:30AM
- 11/7 Staff Meeting
- 11/14 Board Meeting 5:45PM at (Re)Love
- 11/22 - 11/24 NO SCHOOL FOR THANKSGIVING BREAK



- 11/2 Hudson
- 11/3 Sawyer
- 11/18 Revel
- 11/20 Josie
- 11/22 Addison
- 11/27 Finley
- 11/29 Peyton



HALLOWEEN PJ DAY & MOVEMENT CLASS WITH MS. AMANDA

Happy Thanksgiving

DELC IS CLOSED
WEDNESDAY
11/22 - FRIDAY
11/24



Teaching Mindfulness to Children

Free
childcare

RSVP to Becca
by November 6th

Monday, November 13th @ 5:45pm
at Durango Early Learning Center

Come and learn practical applications to introduce and implement mindfulness for mental and physical health.

A course for educators, parents, and caregivers

by Amoneeta Beckstein, PhD

Family Fall Clean-Up



Saturday,
November 4th
10:30AM

Enjoy some goodies,
hot beverages, and
help clean up the
garden and outdoor
school spaces before
winter!

?’s Talk to Ms. Emily!

Conscious Discipline Corner

Teachers practice “noticing” consistently in the classroom. That is why you will hear - “You did it!, “That was helpful!”, “That was kind!” on repeat. We are acknowledging the child’s accomplishment instead of placing judgement - “I’m so proud of you” or “Good Job!” We want children to recognize their own abilities instead of their self-worth being dependent on what others think about them.

Judging vs. Noticing

Noticing helps to **encourage** children in a way that makes their accomplishments their **own** rather than making it about us.

1/5

 Conscious Discipline®

Skill of Encouragement

NOTICING

Noticing is a specific skill that is essential to encouragement, and is more powerful than the most lavish praise. Noticing is **describing** the child’s actions out loud, without judgment. It allows children to fully **own their actions**, rather than focusing on our assessment of them.

 Conscious Discipline®

Skill of Encouragement

THREE NOTICING FORMULAS

Basic noticing sounds like this: “You did it! You (describe without judgment).”

Noticing to encourage compliance after an assertive command sounds like this: “You did it! You (describe in detail without judgment)!”

Noticing to encourage kindness and helpfulness sounds like this: “You (describe action without judgment) so (describe the impact on others). That was (helpful, kind, thoughtful, loving, etc.).”

 Conscious Discipline®

HALLO-CLEAN!



Thank you to all our volunteers who helped walk children on 3rd Ave to collect Halloween trash, clean up our neighborhood and outdoor school spaces!!

Local Giving Local Living

Southwest
Colorado
Gives Day



December 5, 2023

COGIVES DAY is DELC's main fundraiser of the school year. Funds raised are used to support our monthly tuition scholarships for over 30% of our families as well as teacher retention efforts!

We are asking families to send out 3 cards to friends or family that may be looking to make a end-of-the-year donation! More info to come regarding details about how you can help!

All donations qualify for the Child Care Contribution Tax Credit! This means 50% of the donation can be deducted off of your taxes!

<https://www.coloradogives.org/organization/DurangoEarlyLearningCenter>

Free Hearing Screenings

Kasey Hope, audiologist and former DELC parent, will be offering hearing screenings on December 4th and 5th. All children will be screened. Please let Becca know if you want to opt out!

Durango Early Learning Center Land Acknowledgement

Welcome to the Durango Early Learning Center. We respectfully acknowledge that the school is located in Durango, Colorado, the ancestral and unceded territory of the Ute (Núu-agma-tuvv-pu), Diné (Navajo: Naabeehó Bináhásdzo), Hopi (Hopituh Shinu-mu) Pueblos, Apache and Zuni (Shiwi'ma) People who have been stewards of this land throughout generations. As early childhood care providers and educators of our future generation, it is our responsibility to acknowledge the impacts of the unkind acts that have led to the unfair and inappropriate treatment of people that traditionally lived here and still live here today. We lead by example and share stories of this land that are respectful to the people and the real history of this region. As we teach our children, we strive to nurture a culture that takes responsibility for our actions, and is curious, honest, and inclusive to the diverse backgrounds in our community. #HonorNativeLand