



Durango Early Learning Center

THE DELC DIGEST

SEPTEMBER 2023



DURANGO EARLY LEARNING CENTER



LITERACY FOR LITTLES

ACCEPTING BOOK DONATIONS AT 890 E 3RD AVE NOW THROUGH
SEPTEMBER 29TH!

**30 SEPT,
2023**

STARTS AT 9 AM

890 E 3RD AVE,
DURANGO, CO 81301

COME SHOP FOR GENTLY
USED BOOKS FOR ALL AGES &
GIVE BACK TO DELC!
LEMONADE AND BAKED
GOODS WILL BE AVAILABLE
FOR SALE. BOOK PURCHASES
WILL BE BY DONATION!

IMPORTANT DATES

- 9/12 Board Meeting
5:45PM at re(Love)
- 9/27 School Family Time
10:00AM
- 9/27 Staff Meeting
5:30PM
- 9/30 Book Fundraiser
9:00 - 12:00PM
- 10/16 NO SCHOOL -
PROFESSIONAL DEVELOPMENT/
FAMILY CONFERENCES



9/5 Jackson

Movement with Amanda

WE ARE EXCITED TO CONTINUE MOVEMENT CLASSES WITH AMANDA MCKOVICH THIS SEPTEMBER (WEDNESDAYS) AND OCTOBER (TUESDAYS)!

WEDNESDAYS

9/13

- Purple Room- 9:00-9:30
- Green Room 9:30-10:00
- Rainbow Room 10-10:30

9/20

- Sun Room 9-9:30
- Orange Room 9:30-10:00
- Blue Room 10:00-10:30

9/27

- Purple Room- 9:00-9:30
- Green Room 9:30--10:00
- Rainbow Room 10-10:30



Family Involvement



- Check out the supply list posted by the front door donation ideas!
- Have you started documenting hours in the family involvement binder in the front entryway? Beginning of the school year supply donations do apply!
- We are looking for set up and clean up volunteers as well as baked goods for our book sale on 9/30. See Becca if you are interested!

Conscious Discipline Corner

SCHOOL FAMILY TIME
(formely sing-a-long!)
THURS 9/28 10:00 - 10:30

The School Family creates a healthy connection between all parties in the school. Through this deep sense of belonging, the willingness to change increases and power struggles and resistance to change decreases schoolwide. This context of willingness enables conflict to become an opportunity to learn missing self-regulatory, social and emotional skills instead of creating a constant power struggle.

At DELC, we utilize Conscious Discipline as our social-emotional, school-wide approach. A huge component is the idea of creating a School Family. Every month we will connect with our school family by celebrating each class, birthdays, and our teachers with music and movement. Families are encouraged to join!



Why Create a School Family™?

Caring relationships create an optimal environment for learning, alter the physiological state and prime the brain for plasticity.

Optimal Brain Development

- Increased neural plasticity
- Increased resiliency for at-risk children
- Increased development of higher centers of the brain
- Increased coherency with heart

Self-Regulation

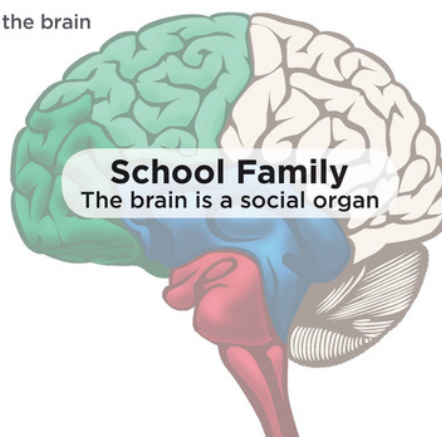
- Seven Powers
- Safe schools
- Bully-proof culture

Integrate SEL with Academics

- Joy in teaching and learning
- No separate curriculums needed

Optimal Learning State of Low Stress/High Challenge

- Increased test scores
- Increased teaching time
- Decreased behavioral problems
- Decreased retentions
- Increased attention spans



Positive, face-to-face, enthusiastic connection makes us smarter.

Problem-Solving

- Seven Skills
- Use daily conflicts to teach life skills

Shared Power

- Shift from control to connection

Link Home to School

- School Family extension of Home Family
- Children take skills home
- "Family Privilege" replaced if needed
- Experience healthy family model

Culture of Compassion & Caring

- Increased effectiveness of consequences
- Increased effectiveness of problem-solving
- Increased willingness to change
- Increased cooperation/helpfulness
- Internal motivation
- Increased impulse control

FAMILY TREE!

Send a family photo for our entryway tree if you don't have one or want to update! You can email it to Becca or send on brightwheel



Classroom picnics are next week! Connect with your child's teacher for dates/times!



Durango Early Learning Center Land Acknowledgement

Welcome to the Durango Early Learning Center. We respectfully acknowledge that the school is located in Durango, Colorado, the ancestral and unceded territory of the Ute (Núu-agma-tuvv-pu), Diné (Navajo: Naabeehó Bináhásdzo), Hopi (Hopituh Shinu-mu) Pueblos, Apache and Zuni (Shiwi'ma) People who have been stewards of this land throughout generations. As early childhood care providers and educators of our future generation, it is our responsibility to acknowledge the impacts of the unkind acts that have led to the unfair and inappropriate treatment of people that traditionally lived here and still live here today. We lead by example and share stories of this land that are respectful to the people and the real history of this region. As we teach our children, we strive to nurture a culture that takes responsibility for our actions, and is curious, honest, and inclusive to the diverse backgrounds in our community. #HonorNativeLand