



Durango Early Learning Center

THE DELC DIGEST

MARCH 2023

IMPORTANT DATES

- Staff Meeting
3/8 5:30PM
- Sing-a-Long
Monday 3/13
10:00AM
- Board Meeting
3/14 5:45PM on
zoom
- NO SCHOOL
SPRING BREAK
3/20 - 3/24

*Happy
Birthday!*

- 3/4 Stuart
- 3/9 Milo
- 3/11 Wynston



We raised \$1142.50!

THANK YOU!!!

Circle of Security Parenting Training

with Sarah Kahn, Early Childhood Mental Health
Consultant

WHEN: WEDNESDAYS 4/12, 4/19, 4/26, 5/3

WHERE: EARLY CHILDHOOD COUNCIL OF LA PLATA
COUNTY (2ND FLOOR OF THE COMMONS)

WHO: DELC CAREGIVERS AND PARENTS

TIME: 5:30PM - 7:00PM

COST: FREE!

TRAINING DESCRIPTION:



- UNDERSTAND THEIR CHILD'S EMOTIONAL WORLD BY LEARNING TO READ EMOTIONAL NEEDS
- SUPPORT THEIR CHILD'S ABILITY TO SUCCESSFULLY MANAGE EMOTIONS
- ENHANCE THE DEVELOPMENT OF THEIR CHILD'S SELF ESTEEM
- HONOR THE INNATE WISDOM AND DESIRE FOR THEIR CHILD TO BE SECURE

***THIS TRAINING SERIES IS A DEEPER DIVE OF THE TRAINING OFFERED BY SARAH IN OCTOBER 2022. SHE WILL BE PROVIDING LOTS OF PARENTING TOOLS!**

**FREE CHILDCARE AT DELC 5:00PM - 7:30PM
RSVP VIA THE EMAILED GOOGLE FORM BY 4/1**

PLEASE CONSIDER WRITING A NOTE OR BRINGING A SMALL TOKEN OF APPRECIATION TO CELEBRATE EMILY A THIS MONTH!

march teacher feature: Emily Adams

ROLE:

ORANGE ROOM TEACHER!

MEET EMILY!:

I HAVE BEEN IN AND OUT OF TEACHING IN EARLY CHILDHOOD SINCE I WAS 17! I TOOK BREAKS EVERY TIME I HAD A CHILD OF MY OWN BUT I ALWAYS MANAGED TO MAKE MY WAY BACK TO THE CLASSROOM AFTER A FEW YEARS. I HAVE 4 KIDS DYLAN(14), BRAYDN(12), CELLA(9), AND WALTER(3). WE LIVE ON A WORKING RANCH IN THE ANIMAS VALLEY WHERE WE RAISE AND GRAZE HERITAGE NAVAJO CHURRO SHEEP AND HOST FIELDS TO PLATE PRODUCE, AN 8 ACRE ORGANIC VEGETABLE FARM. MY PARTNER'S NAME IS DAVE AND I REFER TO HIM AS "THE RANCHER" AS HE SEES TO ALL OF THE RANCH OPERATIONS. AS A FAMILY WE LOVE TO COOK NEW DISHES, CAMP, FISH, PADDLE BOARD, SWIM IN THE ANIMAS, PLAY FUN GAMES, ROAD TRIP TO THE OCEAN, HARVEST VEGETABLES, AND WORK TOGETHER ON THE RANCH.

FAVORITES: GLUTEN-FREE

- COLOR: BLUE, RED, BLACK
- SWEET TREATS: CHOCOLATE COVERED ALMONDS, GLUTEN FREE BAKED GOODS
- SNACKS: CHIPS & GUAC/SALSA (LOVE SPICY STUFF), OLIVES, SPICY CHIPS
- BEVERAGES: BUBBLY WATER, HERBAL TEA, DARK ROAST COFFEE, TEQUILA
- WAYS TO RELAX: HIKE, SKI, WALK, COOK/BAKE, WATCH THE OFFICE
- RESTAURANTS: THE SMILEY CAFE, GRASSBURGER, SWITCHBACK TACO, MOUNTAIN STIR FRY FOOD TRUCK AT LOLA'S, & ZIA
- SMALL GIFTS: FUNNY COASTERS & COCKTAIL NAPKINS, FUNKY SMALL SERVING BOWLS, CANDLES, SPARKLE PENS, HAIR CLIPS, COLORED SHARPIES



Current parent and board member, Savannah Porter, taught the preschool classes about her job as a physician's assistant at Pediatric Partners of the Southwest. She showed us some of the tools that doctors use, talked about what food are good for our bodies to help them grow and how we should wash our hands and brush our teeth to help our bodies stay healthy. Thank you, Savannah!



Alumni parent, Kasey Hope, conducted hearing screenings for all DELC children! Thank you, Kasey!

Durango Early Learning Center Land Acknowledgement

Welcome to the Durango Early Learning Center. We respectfully acknowledge that the school is located in Durango, Colorado, the ancestral and unceded territory of the Ute (Núu-aghá-tuvv-pu), Diné (Navajo: Naabeehó Bináhásdzo), Hopi (Hopituh Shi-nu-mu) Pueblos, Apache and Zuni (Shiwi'ma) People who have been stewards of this land throughout generations. As early childhood care providers and educators of our future generation, it is our responsibility to acknowledge the impacts of the unkind acts that have led to the unfair and inappropriate treatment of people that traditionally lived here and still live here today. We lead by example and share stories of this land that are respectful to the people and the real history of this region. As we teach our children, we strive to nurture a culture that takes responsibility for our actions, and is curious, honest, and inclusive to the diverse backgrounds in our community. #HonorNativeLand